



Programs and Camps - Summer 2010

All programs and camps held at Lakeside, Main Beach.
Each program has only 9 spaces per group.

KAYAK ONLY - Full Day Camp - 3 DAYS

Ages 7-13

Learn the basics in kayaking. Gain knowledge and skills in safety, strokes and rescue techniques. No experience necessary.

Program #1	June 28 – Jun 30	9:30am - 3pm	\$120.00
Program #2	Aug 3 – Aug 5	9:30am – 3pm	\$120.00

KAYAK ONLY - Full Day Camp- 5 DAYS

Ages 7-13

Program #3	July 19 – July 23	9:30 – 3pm	\$185.00
Program #4	Aug 23 – Aug 27	9:30 – 3pm	\$185.00

ADULT KAYAK ONLY Orientation /one time class

This basic beginner class is for adults wanting to get out on the water but don't know where to start. Learn the basics in kayaking. Gain knowledge and skills in safety, strokes and rescue techniques. No experience necessary.

Program #5	July 3 only	1 – 3pm	\$30
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CANOE & KAYAK Full Day Camp – 5 DAYS

Ages 7-13

Come learn the basics of canoeing and kayaking. Gain knowledge and skills in safety, strokes and rescue techniques. Games, races and creative challenges will develop coordination and fitness. Throughout the week participants will get to play games, do long distance paddles and do lots of fun activities to get them comfortable on the water.

Program #6	July 5 – July 9	9:30am-3pm	\$185.00
Program #7	July 26 – July 30	9:30am-3pm	\$185.00
Program #8	Aug 16 – Aug 20	9:30am – 3pm	\$185.00

Beginner/Intermediate CANOE & KAYAK ½ Day Camp – 5 DAYS

Ages 7-13

Come learn the basics of canoeing and kayaking. Gain knowledge and skills in safety, strokes and rescue techniques. Games, races and creative challenges will develop coordination and fitness. No experience necessary Coaches are certified instructors to ensure safety and fun for all.

Program #9	Beginners	July 12 – July 16	9:30am-11:30am	\$90.00
Program #10	Intermediate	July 12 – July 16	1pm – 3pm	\$90.00
Program #11	Beginners	Aug 9 – Aug 13	9:30am-11:30am	\$90.00
Program #12	Intermediate	Aug 9 – Aug 13	1pm – 3pm	\$90.00